

## HEALTH HISTORY QUESTIONNAIRE

First Name: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_

SSN: \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: ☐ Male ☐ Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Race: \_\_\_\_\_ Emergency Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

## Chief Complaint and Present Illness

Chief Complaint: \_\_\_\_\_

If symptoms include Pain, check the line that best describe: ☐ Aching ☐ Boring ☐ Burning  
☐ Cramping ☐ Crushing ☐ Constricting ☐ Deep ☐ Dull ☐ Gnawing ☐ Heavy ☐ Knife Like  
☐ Lancinating ☐ Piercing ☐ Pounding ☐ Pressure Like ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Tearing  
☐ Tender ☐ Throbbing ☐ Tight ☐ Other \_\_\_\_\_

Date of Time Since Symptoms Began: \_\_\_\_\_

Location of Symptoms: \_\_\_\_\_

Please mark all areas of symptoms on the diagram

Onset manner of symptoms: ☐ Gradual ☐ Sudden ☐ Injury

Frequency of Symptoms: \_\_\_\_\_

☐ Rare ☐ Occasional ☐ Intermittent ☐ Frequent ☐ Constant

Severity of Pain: ☐ Minimal ☐ Mild ☐ Moderate ☐ Severe

How long do your symptoms usually last: \_\_\_\_\_

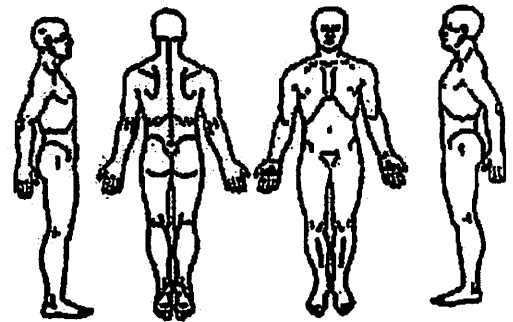
How did symptoms start: \_\_\_\_\_

How have symptoms progressed: ☐ Improved ☐ Unchanged ☐ Getting Worse

What begins on symptoms: \_\_\_\_\_

What makes symptoms worse: \_\_\_\_\_

What relieves symptoms: \_\_\_\_\_



Rate your pain on a scale of 1-10 with 10 being the worst.

## Medications

Please list all medications that you are currently taking both prescription and over the counter

Medication Name	Dosage	Frequency	Who Prescribed Medication

## Past Medical History

Please provide a list and history of all past medical conditions: Ex: Asthma, Diabetes, High blood pressure etc

Provide a complete list of all illness, injuries, surgeries, and hospitalization. (Use back of page if necessary)

List Illnesses, Surgeries, and Hospitalizations	Date	Treatment

Check any childhood diseases that you have had:

☐ Chicken Pox ☐ Measles ☐ Mumps ☐ Polio ☐ Rheumatic Fever ☐ Rubella ☐ Scarlet Fever

☐ None

Have you ever had a Blood Transfusion: ☐ Yes ☐ No

Have you ever been exposed to a Sexually Transmitted Disease: ☐ Yes ☐ No If yes list disease:

## Allergies

List all allergies including medications and the reaction. If none, write none.

List Allergies	Reaction you had

## Family History

	Status	Age	Illnesses	Cause of Death
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**Father**      ☐ Living \_\_\_\_\_  
                  ☐ Deceased \_\_\_\_\_  
                  ☐ Unknown \_\_\_\_\_

**Mother**      ☐ Living \_\_\_\_\_  
                  ☐ Deceased \_\_\_\_\_  
                  ☐ Unknown \_\_\_\_\_

	Number	List any illnesses
<b>Siblings</b>		
<b>Children</b>		

## Social History

**Marital Status:** ☐ Single ☐ Engaged ☐ Married ☐ Separated ☐ Divorced ☐ Spouse Deceased

**Occupation:** \_\_\_\_\_ **Highest Level of Education:** \_\_\_\_\_

**Tobacco Use:** ☐ Never ☐ Current ☐ Discontinued. Type \_\_\_\_\_ Qty \_\_\_\_\_ Years \_\_\_\_\_

**Alcohol Use:** ☐ Never ☐ Beer(s) \_\_\_\_/ Week ☐ Liquor \_\_\_\_/ Week ☐ Wine \_\_\_\_/ Week

☐ Recovering Alcoholic. **Caffeine:** ☐ Coffee ☐ Tea ☐ Soda

**Exercise:** ☐ Not Exercising ☐ Exercising \_\_\_\_ Times per week. Type of exercise: \_\_\_\_\_

**Illicit Drug Usage:** ☐ Never ☐ Past History ☐ Current. Please list drugs used \_\_\_\_\_

**Drug/Alcohol Abuse Treatment** ☐ Yes ☐ No. If yes ☐ In Patient ☐ Out of Patient ☐ Both

## Review of Systems

Please check all symptoms or illnesses that you have currently

General	Eyes	Ears/Nose/Mouth/Throat	Nose
<input type="checkbox"/> Decreased Activity <input type="checkbox"/> Changes in Appetite <input type="checkbox"/> Chills <input type="checkbox"/> Decreased Energy <input type="checkbox"/> Fainting <input type="checkbox"/> Fatigue <input type="checkbox"/> Sweating <input type="checkbox"/> Weight Change <input type="checkbox"/> None of above	<input type="checkbox"/> Discharge <input type="checkbox"/> Dry <input type="checkbox"/> Itching <input type="checkbox"/> Drooping <input type="checkbox"/> Redness <input type="checkbox"/> Swelling <input type="checkbox"/> Visual Difficulties <input type="checkbox"/> Vision Loss <input type="checkbox"/> None of above	<input type="checkbox"/> Congestion <input type="checkbox"/> Discharge <input type="checkbox"/> Earache <input type="checkbox"/> Hearing Loss <input type="checkbox"/> Hearing Sensitivity <input type="checkbox"/> Pain <input type="checkbox"/> Popping <input type="checkbox"/> Ringing <input type="checkbox"/> Vertigo <input type="checkbox"/> None of above	<input type="checkbox"/> Altered Smell <input type="checkbox"/> Bleeding <input type="checkbox"/> Congestion <input type="checkbox"/> Discharge <input type="checkbox"/> Seasonal Allergies <input type="checkbox"/> Sinus Pain <input type="checkbox"/> Sinus Pressure <input type="checkbox"/> Snoring <input type="checkbox"/> None of above
Mouth	Throat	Lungs/Respiratory	Heart/Cardiac
<input type="checkbox"/> Altered Sense of Taste <input type="checkbox"/> Dry Mouth <input type="checkbox"/> Burning Tongue <input type="checkbox"/> Lesion <input type="checkbox"/> Mass <input type="checkbox"/> Sore <input type="checkbox"/> Pain <input type="checkbox"/> Gum Problems <input type="checkbox"/> None of above	<input type="checkbox"/> Difficulty Swallowing <input type="checkbox"/> Hoarseness <input type="checkbox"/> Sore Throat <input type="checkbox"/> Lesion <input type="checkbox"/> Mass <input type="checkbox"/> Cough <input type="checkbox"/> Apnea <input type="checkbox"/> Snoring <input type="checkbox"/> Dryness <input type="checkbox"/> Reflux <input type="checkbox"/> None of above	<input type="checkbox"/> Cough <input type="checkbox"/> Coughing Blood <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Sputum <input type="checkbox"/> Wheezes <input type="checkbox"/> None of above	<input type="checkbox"/> Chest Discomfort <input type="checkbox"/> Chest Pain <input type="checkbox"/> Chest Pressure <input type="checkbox"/> Cold Hands/Feet <input type="checkbox"/> Blue Extremities <input type="checkbox"/> Difficulty Breathing with Exercise <input type="checkbox"/> Extremity Swelling <input type="checkbox"/> Heart Murmur <input type="checkbox"/> Palpitations <input type="checkbox"/> Increase Heart Rate <input type="checkbox"/> None of above
Digestive	Genitourinary	Female Only	Musculoskeletal
<input type="checkbox"/> Abdominal Pain <input type="checkbox"/> Bloating <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Food Intolerance <input type="checkbox"/> Gas <input type="checkbox"/> Heartburn <input type="checkbox"/> Indigestion <input type="checkbox"/> Loss of Appetite <input type="checkbox"/> Loss of Weight <input type="checkbox"/> Nausea <input type="checkbox"/> Regurgitation <input type="checkbox"/> Abnormal Stool	<input type="checkbox"/> Bloody Urine <input type="checkbox"/> Frequency <input type="checkbox"/> Bed Wetting <input type="checkbox"/> Incontinence <input type="checkbox"/> Odor <input type="checkbox"/> Pain with Urination <input type="checkbox"/> Passing Stones <input type="checkbox"/> Abnormal Stream <input type="checkbox"/> Abnormal Urine Appearance <input type="checkbox"/> Erectile Dysfunction <input type="checkbox"/> Genital Lesion <input type="checkbox"/> Libido Changes <input type="checkbox"/> Prostate Problems <input type="checkbox"/> Sexual Dysfunction <input type="checkbox"/> None of above	Vaginal <input type="checkbox"/> Burning <input type="checkbox"/> Discharge <input type="checkbox"/> Dryness <input type="checkbox"/> Irritation <input type="checkbox"/> Itching <input type="checkbox"/> Lesions <input type="checkbox"/> Painful Intercourse <input type="checkbox"/> Premenstrual Symptoms <input type="checkbox"/> Menstrual Symptom <ul style="list-style-type: none"> <li>• Irregular Bleeding</li> <li>• Cramps</li> <li>• Pain</li> </ul> <input type="checkbox"/> Menopausal <input type="checkbox"/> None of above Date of last Menstrual Period: _____	Joint <input type="checkbox"/> Inflammation <input type="checkbox"/> Redness <input type="checkbox"/> Pain <input type="checkbox"/> Limited Motion <input type="checkbox"/> Stiffness <input type="checkbox"/> Swelling <input type="checkbox"/> Tenderness <input type="checkbox"/> Weakness  Muscle <input type="checkbox"/> Atrophy <input type="checkbox"/> Cramps <input type="checkbox"/> Pain <input type="checkbox"/> Swelling <input type="checkbox"/> Weakness <input type="checkbox"/> None of above

## Review of Systems Continued

Please check all symptoms of illnesses that you have currently

Neurological	Skin	Blood/Lymphatics	Psychiatre
<input type="checkbox"/> Blackouts	<input type="checkbox"/> Color Changes	<input type="checkbox"/> Abnormal Bleeding	<input type="checkbox"/> Abuse Victim
<input type="checkbox"/> Balance Problems	<input type="checkbox"/> Texture Changes	<input type="checkbox"/> Prolonged Bleeding	<input type="checkbox"/> Personality Change
<input type="checkbox"/> Concentration	<input type="checkbox"/> Itching	<input type="checkbox"/> Abnormal Bruising	<input type="checkbox"/> Compulsiveness
<input type="checkbox"/> Confused/Disoriented	<input type="checkbox"/> Blisters	<input type="checkbox"/> Painful Lymph Nodes	<input type="checkbox"/> Depression
<input type="checkbox"/> Coordination Loss	<input type="checkbox"/> Sores	<input type="checkbox"/> Tender Lymph Nodes	<input type="checkbox"/> Eating Disorder
<input type="checkbox"/> Drowsiness	<input type="checkbox"/> Mole Changes	<input type="checkbox"/> Swollen Lymph Nodes	<input type="checkbox"/> Irritability
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Rashes	<input type="checkbox"/> None of above	<input type="checkbox"/> Hyperactive
<input type="checkbox"/> Fainting	<input type="checkbox"/> Hives		<input type="checkbox"/> Nervousness
<input type="checkbox"/> Gait Abnormality	<input type="checkbox"/> Hair Changes		<input type="checkbox"/> Memory Problems
<input type="checkbox"/> Headache	<input type="checkbox"/> Nail Changes		<input type="checkbox"/> Short Term Loss <input type="checkbox"/> Long Term Loss
<input type="checkbox"/> Lightheadedness	<input type="checkbox"/> None of above		<input type="checkbox"/> Mood Swings
<input type="checkbox"/> Loss of Consciousness	<b>Endocrine</b>		<input type="checkbox"/> Anxiety
<input type="checkbox"/> Loss Sensation	<input type="checkbox"/> Hair Loss		<input type="checkbox"/> Sleep Problems
<input type="checkbox"/> Loss of Memory	<input type="checkbox"/> Voice Changes		<input type="checkbox"/> Suicidal Thoughts
<input type="checkbox"/> Muscle Weakness	<input type="checkbox"/> Excessive Thirst		<input type="checkbox"/> None of above
<input type="checkbox"/> Paralysis	<input type="checkbox"/> Excessive Urination		
<input type="checkbox"/> Scizures	<input type="checkbox"/> Heat Intolerance		
<input type="checkbox"/> Speech Changes	<input type="checkbox"/> Cold Intolerance		
<input type="checkbox"/> Tremors	<input type="checkbox"/> None of above		
<input type="checkbox"/> None of above			

By signing below I certify that above information is true to the best of my knowledge and I consent for the provider to evaluate and recommend treatment for the condition or conditions present above.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

How did you find out about our office? \_\_\_\_\_

# Palmetto Wellness & Injury Center

## Update Patient Information

*We are in the process of updating our records to comply with federal standards, please answer the following questions:*

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Height: \_\_\_\_\_

Current Primary Care Physician: \_\_\_\_\_ Weight: \_\_\_\_\_

### Preferred Language?

- ☐ English
- ☐ Spanish
- ☐ Other \_\_\_\_\_

### Race?

- ☐ I do not wish to provide this information.
- ☐ White
- ☐ Black or African American
- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ Other \_\_\_\_\_

### Ethnicity?

- ☐ I do not wish to provide this information.
- ☐ Hispanic or Latino
- ☐ Non-Hispanic or Non-Latino
- ☐ Other \_\_\_\_\_

### Smoking Status?

- ☐ Current every day smoker
- ☐ Current some day smoker
- ☐ Former smoker
- ☐ Never smoker

### Do you have any medication allergies?

- ☐ No known medication allergies
- ☐ Yes. What? \_\_\_\_\_

### Are you currently taking any medications?

- ☐ Not currently prescribed any medications
- ☐ Yes...
  - What? \_\_\_\_\_ mg
  - What? \_\_\_\_\_ mg
  - What? \_\_\_\_\_ mg

Date: \_\_\_\_\_

## Initial Knee Pain Questionnaire

**Which knee hurts? (Circle)**

**How long have you had knee pain?** \_\_\_\_\_

What makes your knee pain worse? (Circle)

WALKING	STAIRS	WEATHER
BENDING	SQUATTING	

**Have you seen another Doctor for your knee pain? \_\_\_\_\_ Who? \_\_\_\_\_**

**Have you been diagnosed with Arthritis in your knee?** \_\_\_\_\_

**What other types of symptoms are you experiencing? (Circle)**

STIFFNESS      CRACKING      POPPING      GRINDING      LOCKING      WEAKNESS

POOR BALANCE      NUMBNESS/TINGLING      BACK PAIN      \_\_\_\_\_

What type of treatments have you tried? (Circle)	Did it help?	Yes	No
1. <u>  Painkillers  </u>			
2. <u>  Antidepressants  </u>			
3. <u>  Counseling  </u>			
4. <u>  Hypnosis  </u>			
5. <u>  Biofeedback  </u>			
6. <u>  Acupuncture  </u>			
7. <u>  Herbal  </u>			
8. <u>  Yoga  </u>			
9. <u>  Meditation  </u>			
10. <u>  Chiropractic  </u>			
11. <u>  Massage  </u>			
12. <u>  Other  </u>			

Over the Counter Medications	Yes	No
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	Yes	No
<b>Muscle Rubs</b>		

Heat or Ice (Circle which one or both)	Yes	No
1. Neck		
2. Shoulder		
3. Upper arm		
4. Lower arm		
5. Hand		
6. Back		
7. Hip		
8. Leg		
9. Foot		

	Yes	No
<b>Knee Brace</b>		

Weight Loss (Walking, Diet, etc.)	Yes	No
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Home Exercise	Yes	No
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Physical Therapy	Yes	No
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Prescription Medications	Yes	No
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	Yes	No
<b>Steroid Injections</b>		

**Hyaluronate Injections** If yes, how long ago? \_\_\_\_\_ **Yes** **No**

<b>If you had Hyaluronate Injections, were they done under X-ray?</b>	<b>Yes</b>	<b>No</b>
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NOT a candidate for replacement surgery because of Age or Weight?	Yes	No
1. <input type="checkbox"/> Yes		
2. <input type="checkbox"/> No		

Because of other health issues? (Heart, kidney, surgery risk)	Yes	No

**Other information:**

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**H:** \_\_\_\_\_ **W:** \_\_\_\_\_ **BP:** \_\_\_\_\_ **P:** \_\_\_\_\_ **R:** \_\_\_\_\_

## **General Procedure Consent Form Hyalgan/Genvisc**

\_\_\_\_\_  
Witness Date: \_\_\_\_\_